

January 2018



NRASP News

Meet the Board

Ashley Mund

ND Workforce Safety & Insurance



Ashley is from West Fargo, ND. She has a BS from NDSU and an AS from MSTATE. She has worked in safety for 7 years now. Her safety background began at a local manufacturing company where she worked as the HR/safety Coordinator for 3 years. She has been with the state of ND as a WSI safety consultant for 4 years this January. Ashley is married and has two boys ages 5 and 2.

Melissa Olheiser

OECS

Melissa Olheiser is a Field Associate for OECS. She is responsible for providing safety services to clients throughout North Dakota and Minnesota. She has served Safety Director in the transportation industry, and consulted for both general industry and construction clients. She has over 10 years of experience in the safety field. Melissa has a business degree from the University of Maryland. She is currently attending the University of Alabama completely a safety and health management certificate. Melissa serves as a Director on the Board of Directors for the Northern Region Association of Safety Professionals (NRASP) and is a member of the Transportation Club of Fargo/Moorhead. She is also a member of the Continuum Toastmasters in Fargo.



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2017—A Year in Review

Each year NRASP offers up to date relevant topics at the monthly luncheon meetings. This provides members with information that could be difficult to sort through as we all know Safety is highly regulated. Listed below are the topics presented in 2017. If you would like to contact any of the presenters to share their presentation at your organization contact one of the board members to assist with communicating with the presenter.

Nov 15	Safety Management Systems: How To Get Started - Becky Herrold, McNeilus Steel
Oct 18	COMMUNITY OUTREACH EVENT - High in Plain Sight - Officer Jermaine Galloway - Tall Cop Says Stop
Sep 20	Cognitive Overload - The Hazards of Too Much Information & Impact on Safety - Kathleen Dobson, Alberici Constructors
Aug 16	Is the Golden Rule Dangerous? Matt Weis, Dawson Insurance
Jul 26	Dangers of Worker Fatigue, Skyler Dutton, NDSC
Jun 21	Future Construction in F-M Area, Adam Altenburg, FM Metro COG
May 17	The Disease of Worklessness, Dr. Joel Blanchard MD FACEP
Apr 19	Environmental Risk and Management 101, Jamie Risic, MMA Environmental
Mar 15	2017 NEC Changes, Ben Doyle, M State
Feb 15	Tour of Minnkota Windows Facility, Bob Wendlick
Jan 18	Job Function Matching, Jennifer Kraemer, Independent Consultant

It is also customary to reach out to one of our member companies and let them showcase their facilities. We want to thank Bob Wendlick of Minnkota Windows for hosting the tour in 2017.

You are invited to let us know of any relevant topics that you would like to receive more information about as we are here to work together in improving Safety.

Look forward to working together with you and your teams in 2018.

Cindy Bertsch, NRASP Communications Committee



Community Outreach Event Update

By: Chuck Ulrich



The second Community Outreach event, High in Plain Sight was held on October 18, 2017. Officer Jermaine Galloway is a nationally and internationally recognized presenter, national award winner and author of several articles. Officer Galloway has been an Idaho law enforcement officer since 1997 and has more than 12 years' experience in alcohol and drug education, enforcement and prevention. He has dedicated hundreds of hours to community scans, research and substance abuse identification in communities across the country. In this session, Officer Galloway covered alcohol and drug clothing, alcoholic energy drinks, alcopops, alcohol and drug concealment methods and containers, drug paraphernalia, drug related music and groups, logos, stickers, new technology, youth party tendencies, party games, non-traditional alcoholic beverages, social networking sites, synthetic drugs, OTC drugs, inhalants, concentrates, E-cigarettes, and popular party drugs. This session also covered common stash compartments that can be used to hide weapons inside everyday clothing containers and other items, in addition to the impact on traffic safety.

Two sessions were held. One during our regular NRASP monthly meeting and the other later that evening at Minnesota State Community and Technical College. Over 100 people were exposed to this valuable information and had a chance to ask questions and learn about some of the things that Officer Galloway saw in his Fargo, Moorhead and West Fargo community assessment.

For more information on Officer Galloway's presentation, visit his web site.

<https://www.tallcopsaysstop.com/speaking-engagements-training>



NRASP Scholarship

As a nonprofit organization, NRASP is always looking for opportunities to give back to our communities and show the value of safety in the workplace and at home. To accomplish this we would like to assist individuals in pursuing educational opportunities in the area of safety.

If you are pursuing further education in a safety sensitive position you may qualify for the NRASP scholarship.

If you have any additional questions, please contact a NRASP board member. Thank you for your interest in safety!

Click the following link to review the Scholarship Policy and Procedures and Application: [NRASP Scholarship Application final version for distribution 8-2013.pdf](https://www.nrasp.org/wp-content/uploads/2013/08/NRASP-Scholarship-Application-final-version-for-distribution-8-2013.pdf)

Remember, we work safely not only for ourselves and our co-workers, but most importantly for our loved ones.



2017 Annual Conference Update

On November 29th and 30th NRASP held its 6th annual safety and health conference. The purpose of the NRASP Annual Safety Conference is to enhance the development of safety, health, and environmental professionals by providing quality speakers and learning opportunities. This year, on November 28th, the conference committee tried to initiate a pre-conference for members. The pre-conference was not well attended but for those who attended it was a success. The conference itself was well attended with approximately 170 attendees including vendors. Some of the highlights in 2017 included keynote speakers Ted Schick and Julie Hamilton. Ted Schick spoke about leadership and safety working together to create an outstanding safety culture. Julie spoke about the effects a fatality has on family members and why learning and improving from every unsafe act is important. The breakout session included topics such as "When OSHA Knocks", "Safety Pays", "DOT and Obstructive Sleep Apnea", "Mock Accident", and many more. The conference committee is hard at work on next year's conference. Please continue to supply possible topics when asked at the end of the luncheon survey's. The goal is to make each conference better than the last!!

Andrea Jensen—NRASP Conference Committee Co-Chair

Missing Tim



At age 19, working a summer job and making some money, the thought never crossed my mind that I would be killed on the job. I thought I was invincible.

Maybe you've had the same thought? Fortunately for us reading this article, we were not killed at our summer job. The same cannot be said for Tim, Julie Hamilton's son. She was a keynote speaker at the 2017 NRASP Safety Conference. Before Julie's presentation, I was approached by her and a NRASP Board Member. Julie asked me for a favor. To remember her son, Julie likes to leave behind small matchbox cars where she goes, in hopes her son will be watching over safety for those who stumble across the matchbox car. During the presentation, she gave me a car to leave behind. I feel very honored that Julie asked me for this small favor. One cannot expect the task of explaining a tragedy in your family to be an easy task. In the next NRASP Newsletter, we will have an update on where I leave the matchbox car. After hearing Julie's story and writing this article, I have one in mind.

What have we done lately to talk with our friends and families about safety at work or at home? I hope you all have a safe and Happy New Year.

*Kody Olson, Safety Manager—Vector Construction
NRASP Communications Committee*

2017 NRASP Annual Safety & Health Conference



2017 Golf Outing

By: Matt Weis

To start, special thanks go out to our 2017 tournament committee; Bridgette Settel, Rod Schober, Ashley Mund and Kari Furness. Without the hard work of these volunteer's, great events like this won't happen.

Next, thanks go out to our event sponsors. With their support, the NRASP has been able to expand its mission to include Community Outreach and student Scholarships.

Finally thanks go out to everyone that contributed door prizes. Door prizes make any event more fun, and this year's event was no exception in that respect.



On July 27, 2017 we had 14 teams compete for glory on the front nine of beautiful Moorhead Country Club. Prior to that we, had more than 80 in attendance at our luncheon, featuring Skylar Dutton of NDSC speaking on the Dangers of Worker Fatigue.

Thinking ahead to 2018, interest has been expressed for the last two years in the idea of expanding our event to a 18 holes. As change brings new challenges, we will need the time and talent of a few good people to serve on this year's golf committee.

If you feel up to the challenge, contact Matt Weis at 701-306-3791, or email mattw@dawsonins.com.

